



# Familiar signs and labels

Children could make a collection of their 'favourite' signs and labels that they can recognise in the environment (for example, Tesco, ASDA, McDonalds, Disney, Monster Munch, Ben 10 etc.) Children could cut out labels from wrappers, catalogues, magazines or newspapers and glue them on to a piece of paper. This will support children as they develop early reading skills.

#### Fun with maths



- Sort socks or shoes into pairs, talk about colours and patterns
- Go on a shape hunt. Look for common shapes, such as triangles, squares, circles and rectangles









• Do lots of counting. E.g. how many steps to get from the kitchen to the bedroom? How many teddies? Etc. 123456

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### Make a den





Gather together pegs, cardboard boxes, old sheets and blankets. Work together to make a den. Your child will be able to explore lots of concepts here and will learn about problem solving. Guide them through asking questions such as: is the den big enough for us both? How can we make it bigger / stronger / darker etc.

Use your den to explore light and shadows using a torch and your hands.

Read a favourite story together or even camp in the den!

#### **Get creative**

- Make sock puppets using old socks, gloves or wooden spoons
- Make playdough and manipulate it to create just about anything! Ideas: a snail, a square, a cake etc.
- Use a roll of unwanted plain wallpaper and allow your child to use crayons and pencils to draw with.

## **Action rhymes**

Practise familiar rhymes with your child and ask them to perform their favourite one for you. These are some of our favourites:

- Hickory, Dickory Dock
- Incy, Wincy Spider
- The Grand Old Duke of York
- 5 Little Speckled Frogs
- 5 Little Ducks
- Humpty Dumpty
- Row, row, row your boat

Challenge: Miss a word out – can your child tell you the missing word?

## Keep active

Keep active and give your child opportunities to move around. Use a sand timer or phone timer and see how many of these you can do in one minute:

- Star jumps
- Hops
- Touch your toes



