

Somerville News

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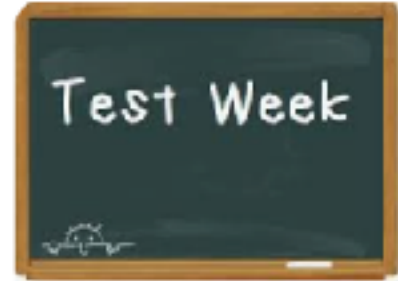
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AIMING HIGH TOGETHER



TEST WEEK AND REPORT CARDS

This week has been testing week in school. During this week children sit tests in reading, mathematics and grammar and spelling. The teacher then looks at the test score and the work that they do in their books to make a teacher assessment judgement in each area. These teacher assessment judgements are then shared with you on the report cards which are sent home on **Friday 4th April**. Please check your child's school bag when they get home.



The report cards supplement information given on parents evenings and the summer term final report, allowing parents to be fully up to date with their child's attainment, effort and attendance EVERY term.

SUMMER UNIFORM

After Easter children can wear summer uniform if they wish. This is either a pair of **grey shorts** to replace trousers or skirt or a **BLUE** gingham (checked) summer dress. The dress **MUST** be blue as this is the school colour. Other colours are not permitted. PE kits - children can wear a pair of **NAVY BLUE PE** shorts to replace tracksuit bottoms. The shorts must be normal shorts as in the picture below, not tight lycra shorts. Alternatively, if children want to remain in normal school uniform, that is perfectly fine. School jumpers and sweatshirts to be worn if children still need that extra layer. Just a reminder that **OWN CLOTHES ARE NOT PERMITTED** on PE days and children will be required to get changed into a school kit provided by school.



Exciting News: Food Waste Recycling at Our School!

As part of recent changes in regulations, all schools across England are now required to separate food waste from other waste streams and present it separately for collection by an approved contractor. We're excited to announce that our school is implementing this new initiative to help reduce waste and improve sustainability!



The Eco Team will be working hard to monitor and ensure that food waste is correctly sorted in classrooms, canteens, and staff areas. We kindly ask for your support in making this transition a success by encouraging the children to get involved in the recycling efforts.

Together, we can make a big difference for the environment! Thank you for your cooperation and commitment to a greener future.

MY HAPPY MIND APP

In school we follow the My Happy Mind programme. It follows positive psychology and neuroscience. To go alongside this programme is a parental app. The app helps the whole school community. Parents can use the same strategies with the children as we do in school.

MY HAPPY MIND APP

The myHappyMind parental app is available for all parents at Arden. The app helps the whole school community to embed a systematic approach, where parents can use and learn the same strategies with children at home as we do in school.

To access these materials, just go to <https://myhappymind.org/parent-resources> and enter your name, email, and authentication code.

Welcome to the MyHappyMind Parent App

Supporting Our Pupils' Mental Wellbeing

At Arden, we are committed to nurturing the mental health and emotional wellbeing of our pupils. As part of our involvement with myHappyMind, we are proud that all of our parents have access to the MyHappyMind Parent App. This innovative tool is designed to help parents support their children's mental wellbeing at home, as well as reinforcing the MyHappyMind curriculum we teach at school.

What is the MyHappyMind Parent App?

The MyHappyMind Parent App is a comprehensive platform that provides parents with insights and strategies to nurture their child's mental wellbeing. Based on scientific research and psychological principles, the app offers a structured programme that aligns with the lessons your child receives in school through MyHappyMind. This alignment ensures a consistent reinforcement of positive habits and behaviours both at school and at home.

Key Benefits of the MyHappyMind Parent App

1. Enhanced Emotional Awareness:

The app assists you in understanding and addressing your child's emotional needs, promoting a better grasp of their feelings and behaviours. This emotional awareness is crucial in creating a supportive environment where your child feels understood and valued.

2. Building Resilience:

MyHappyMind equips you with practical strategies to help your child navigate challenges and setbacks, fostering resilience. By learning to recover from difficulties, your child will be better prepared to face future obstacles with confidence and optimism.

3. Developing Positive Habits:

Our app encourages the development of positive habits through engaging activities and routines that can be integrated into daily life. These habits support your child's mental health, helping them cultivate a balanced and positive mindset.

4. Strengthening Bonds:

By working through the MyHappyMind programme together, you'll strengthen your relationship with your child. The shared experiences and open dialogues promoted by the app nurture a deeper connection and mutual trust.

5. Staying Informed:

The app features a library of articles, videos, and expert tips on various aspects of child development and mental wellbeing. This resource empowers you with the knowledge to support your child's growth effectively.

6. Consistency with School Learnings:

The app complements the MyHappyMind curriculum taught in our school, ensuring consistency in your child's learning environment. This alignment reinforces the skills and concepts taught at school, making it easier for your child to internalise and practise them.

How Can It Help Your Child?

By using the app, you are investing in your child's mental wellbeing, helping them develop:

- **Self-Awareness:** Understanding their own emotions and behaviours.
- **Emotional Regulation:** Managing their emotions in a healthy way.
- **Growth Mindset:** Redefining challenges as opportunities to learn and grow.
- **Mindfulness:** Staying present and focused in the moment.
- **Empathy:** Understanding and valuing the feelings of others.

Join Us!

We invite you to join us in our mission to support the mental wellbeing of all children at Arden by using the MyHappyMind Parent App. Together, we can work to build a foundation of mental wellbeing that will benefit your child for years to come.

Download the MyHappyMind Parent App now and take the first step towards nurturing your child's mental health and happiness!



95%	=	40 LESSONS MISSED EACH YEAR 8 days in total or 1 week and 3 days
90%	=	80 LESSONS MISSED EACH YEAR 16 days in total or 3 weeks and 1 day
85%	=	120 LESSONS MISSED EACH YEAR 24 days in total or 4 weeks and 4 days
80%	=	160 LESSONS MISSED EACH YEAR 32 days in total or 6 weeks and 2 days

ATTENDANCE MATTERS

WHAT DO YOUR ATTENDANCE FIGURES ACTUALLY MEAN?

BE SMART BE THERE!
 Percentages based on 190 academic days

Minutes late for school or minutes early collection



15 lessons

33 lessons

50 lessons

65 lessons

95 lessons



2025 - 2026

Please note that INSET days are subject to change.

Autumn Term 2025	
Open	Monday 1 st Sept – Friday 24 th Oct
Half Term	Monday 27 th Oct – Friday 31 st Oct
Open	Monday 3 rd Nov – Friday 19 th Dec
Christmas Holidays	Monday 22 nd Dec – Friday 2 nd Jan

Spring Term 2026	
Open	Monday 5 th Jan – Friday 13 th Feb
Half Term	Monday 16 th Feb – Friday 20 th Feb
Open	Monday 23 rd Feb – Friday 27 th March
Spring Break	Monday 30 th March – Friday 10 th April

Summer Term 2026	
Open	Monday 13 th April – Friday 22 nd May
May Bank Holiday	Monday 4 th May
Half Term	Monday 25 th May – Friday 29 th May
Open	Monday 1 st June – Monday 20 th July

190 Pupil days and 5 INSET Days 2025 – 2026

1. Monday 1st Sept 2025
2. Monday 5th Jan 2026
3. Monday 13th April 2026
4. Monday 1st June 2026
5. Monday 20th July 2026

Please note that INSET days are subject to change.

Whole school dates for the diary

21st March **Last week of clubs**

Friday 4th April - Last day of term - Spring Term
Report Card out to parents / carers

Reception dates for the diary

Year 1 dates for the diary

9th 13th June - Phonics screening check

Year 2 dates for the diary

Year 3 dates for the diary

8th May - Trip to Kalish Buddhist Centre

Year 4 dates for the diary

5th June **Residential** - Cheshire

Year 5 dates for the diary

Year 6 dates for the diary

Monday 12th May - Thursday 15th May -
SATs week