

# Your Three Week Menu

Monday

Tuesday

Wednesday

Thursday

Friday

BRITISH FAVOURITES

Week 1

Pork Sausage, Hash Browns,  
Scrambled Eggs, Mushrooms  
Fresh Tomatoes and Baked Beans  
A Vegetarian Sausage is available

or  
Jacket Potato with Cheese  
Baked Beans or Tuna Mayo  
with Fresh Salad

or  
Selection of Breads and  
Fillings with Salad

followed by

Lemon Drizzle Cake

Chunky Beef Stew  
A Vegetarian version of  
this dish is available

or  
Jacket Potato with Cheese  
Baked Beans or Tuna Mayo  
with Fresh Salad

or  
Selection of Breads and  
Fillings with Salad

followed by

Fruit Crumble and Custard

Roast Gammon  
and Pineapple with Roast and  
Mashed Potatoes and Gravy  
A Vegetarian Roast Dinner is  
available

or  
Jacket Potato with Cheese  
Baked Beans or Tuna Mayo  
with Fresh Salad

or  
Selection of Breads and  
Fillings with Salad

followed by

Ginger Biscuit

Chicken Curry with Rice  
and Naan Bread  
A Quorn Curry is available

or  
Jacket Potato with Cheese  
Baked Beans or Tuna Mayo  
with Fresh Salad

or  
Selection of Breads and  
Fillings with Salad

followed by

Fresh Fruit Platter or  
Cheese and Crackers

Fish and Chips  
with Garden or Mushy Peas

or  
Jacket Potato with Cheese  
Baked Beans or Tuna Mayo  
with Fresh Salad

or  
Selection of Breads and  
Fillings with Salad

followed by

Chocolate Crispy Cake

BRITISH FAVOURITES

Week 2

Sausage and Mash  
with Gravy  
A Quorn Sausage is available

or  
Jacket Potato with Cheese  
Baked Beans or Tuna Mayo  
with Fresh Salad

or  
Selection of Breads and  
Fillings with Salad

followed by

Chocolate Sponge  
with Chocolate Sauce

Beef Pasta Bolognese  
A Vegetarian Bolognese is  
available

or  
Jacket Potato with Cheese  
Baked Beans or Tuna Mayo  
with Fresh Salad

or  
Selection of Breads and  
Fillings with Salad

followed by

Apple Pie  
with Ice Cream

Roast Chicken  
and Stuffing with Roast and  
Mashed Potatoes & Gravy  
A Quorn alternative is available

or  
Jacket Potato with Cheese  
Baked Beans or Tuna Mayo  
with Fresh Salad

or  
Selection of Breads and  
Fillings with Salad

followed by

Shortbread Finger  
with a Fruit Wedge

Scouse and Crusty Bread

or  
Jacket Potato with Cheese  
Baked Beans or Tuna Mayo  
with Fresh Salad

or  
Selection of Breads and  
Fillings with Salad

followed by

Fresh Fruit Platter or  
Cheese & Crackers

Fish and Chips  
with Peas or Baked Beans

or  
Jacket Potato with Cheese  
Baked Beans or Tuna Mayo  
with Fresh Salad

or  
Selection of Breads and  
Fillings with Salad

followed by

Fruit Jelly

WORLD FAVOURITES

Week 3

Macaroni Cheese  
with Crusty Bread

or  
Jacket Potato with Cheese  
Baked Beans or Tuna Mayo  
with Fresh Salad

or  
Selection of Breads and  
Fillings with Salad

followed by

American Style Muffin

Beef Burger in a Bun  
with Sauté Potatoes  
A Veggie Burger is available

or  
Jacket Potato with Cheese  
Baked Beans or Tuna Mayo  
with Fresh Salad

or  
Selection of Breads and  
Fillings with Salad

followed by

Fruit Crumble & Custard

Roast Chicken and Stuffing  
with Roast and  
Mashed Potatoes and Gravy  
A Quorn Roast Dinner  
is available

or  
Jacket Potato with Cheese  
Baked Beans or Tuna Mayo  
with Fresh Salad

or  
Selection of Breads and  
Fillings with Salad

followed by

Golden Crunch Cookie  
with a Fruit Wedge

Chilli Con Carne  
with Rice  
A Vegetarian Chilli is available

or  
Jacket Potato with Cheese  
Baked Beans or Tuna Mayo  
with Fresh Salad

or  
Selection of Breads and  
Fillings with Salad

followed by

Fresh Fruit Salad or  
Cheese & Crackers

Fish and Chips  
with Garden or Mushy Peas

or  
Jacket Potato with Cheese  
Baked Beans or Tuna Mayo  
with Fresh Salad

or  
Selection of Breads and  
Fillings with Salad

followed by

Raspberry Bun

All meals are accompanied by fresh seasonal vegetables

Available every day -

Great salads, fresh bread, delicious fruit, organic yoghurt, milk and chilled water

For allergen information, please ask one of our Catering Team